

LDPB DAY ON HEALTH



Val and Jo told us about why we should have a health action plan



Sandra Arnold from Cornwall told us what was working well there. They have set up a very successful “Quality Checkers” programme, the checkers look at hospital services and buildings. Our

chairpersons listened closely!



We all went to workshops in the morning and afternoon and thought about what was working and not working for health in four areas:

- Dentists
- Hospitals
- Local Doctors
- Community LD Teams

We wrote Action Plans to help get changes



We also watched “Germ Academy”, a slightly scary DVD about keeping healthy in the kitchen!

Dorset People First shared what they had found out at their meetings about health, and we tried some of their activities!



We all enjoyed the day and the great lunch that the college catering students made us



Now the Health Action Group of the Partnership Board will look at how to take the ideas in the Action Plans forward