

A Review of Short Break Provision for



Adults with a Learning Disability in Dorset

June 2010



- We know there are at least 1300 Adults with learning disabilities in Dorset getting some support from community teams.



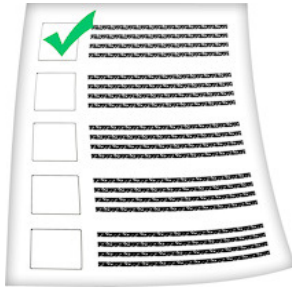
- Lots of people living at home do not get any short breaks

- Short breaks are very important for people

X



- What makes a good break?



- We sent out questionnaires



- We talked to people



- We listened to people

Our Results Show



- Most people are happy with their short breaks



- Sometimes information is not available

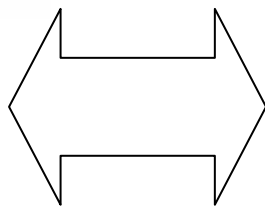


- More choice is needed

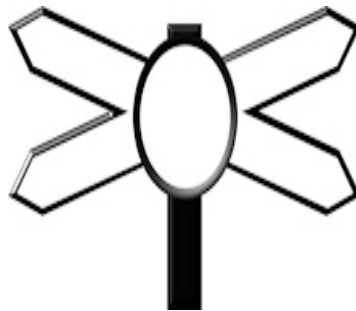
Dorset **NHS**
Primary Care Trust



- Better links are required



We need to:



- Write a "How to Guide" about Short Breaks

- Use real life examples of how people get good breaks

- Share contact details for short breaks on the Website



- Find Out how people use direct payments to pay for help



- Find Out how many people that have complex needs need a break



- We will put more information on the LDPB website about short breaks.



- We will talk to you about using short breaks