# Self directed support at Transition

**What is self-directed support?** Self-Directed Support is a new system. It's about people being in control of the support they need to live their life as they choose.

**What is Transition?** Transition means planning in order for young people to move from childhood to adult life as smoothly as possible.

**What does Self directed support at transition mean?** Its about identifying and planning for the future with young people who are likely receive support from Adult Social Care.

**Why?** At the moment parents and young people feel very anxious about what will happen when they turn 18. The future seems very uncertain and this feels very scary for them.

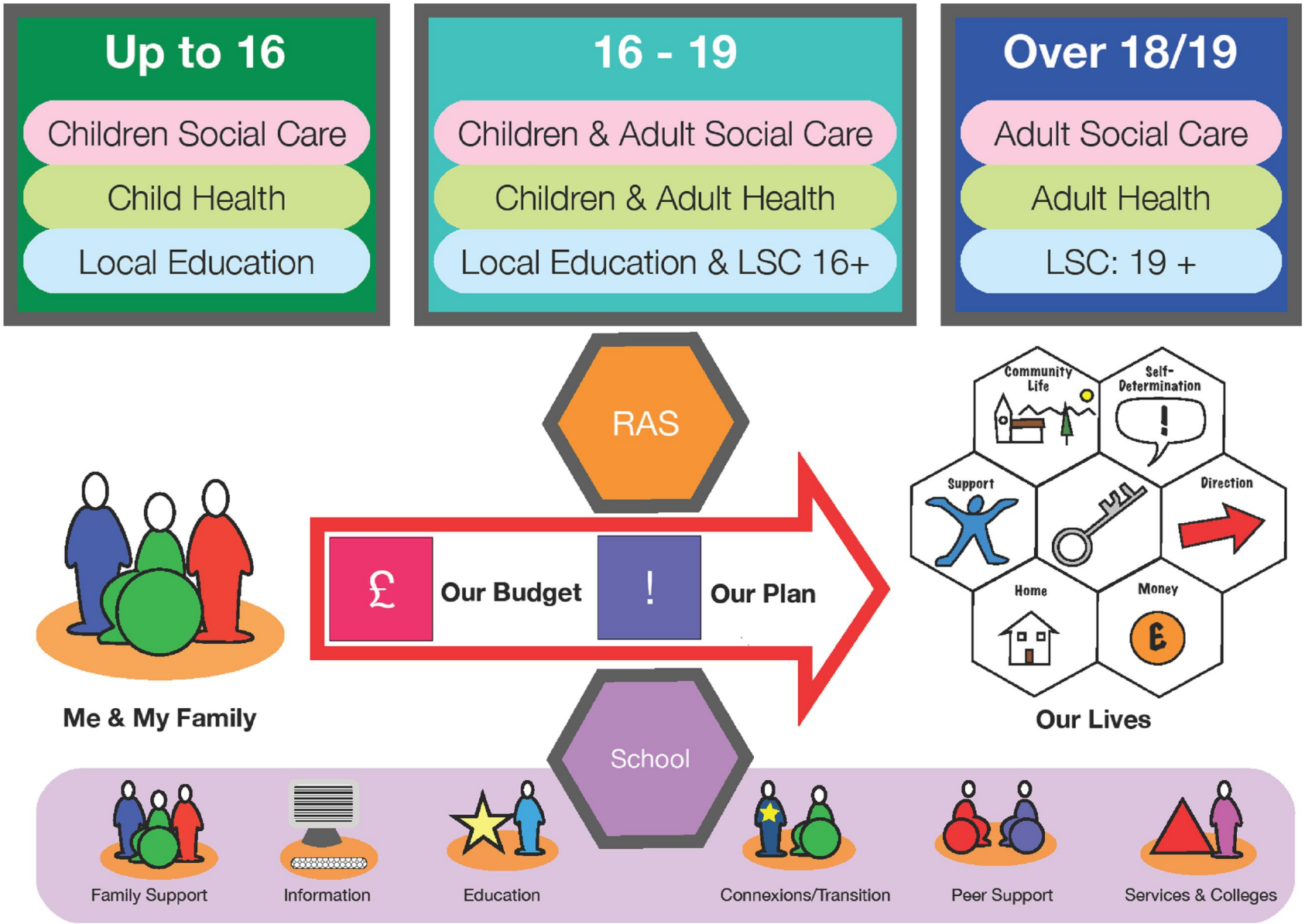
**So…**

Starting to plan together while the children are still young enough will ensure that they remain at the heart of their communities and families.

**How?** Thinking 2 years (minimum) ahead the Transition Team help identify which young people will receive support from Adult Social Care. We will then work with the Young people, their families, School and other professionals (like Social Workers) to plan for their future.

**The result!**

Young people will have an idea of their personal budget so they can plan the support and services they need to reach their outcomes for life before they turn 18!


Up to 16
Children Social Care
Child Health
Local Education
16 - 19
Children & Adult Social Care
Children & Adult Health
Local Education & LSC 16+
Over 18/19
Adult Social Care
Adult Health
LSC: 19 +
RAS
£
Our Budget
!
Our Plan
School
Me & My Family
Community Life
Self-Determination
Support
Direction
Home
Money
Our Lives
Family Support
Information
Education
Connexions/Transition
Peer Support
Services & Colleges